ARCOLA 8TH GRADE TENNIS

In order to be a member of the team, the following requirements will be mandatory:

- 1. Athletes must be present at every practice. One excused absence will be accepted. Excused absence will be defined as a doctor's appointment or family emergency. If an illness or family emergency is longer than one day, special arrangements may be made with the coach. All absences will require a note from parent, guardian, or physician.
- 2. If an injury occurs to the athlete, a doctor's note is required, and the athlete is still expected to attend all practices and matches.
- 3. All athletes must be prepared to play at every practice. Appropriate tennis clothing, footwear and a racket are needed.
- 4. Any athlete who receives a school suspension or detention will risk removal from the team.
- 5. Athletes who are not dedicated to creating a positive team environment will be removed from the team.
- 6. All athletes participating in the interscholastic sports program will be responsible for finding a way home on every day of the season. Practices will end by 5:00, and the athlete should be picked up no later than 5:15. On days of away matches they will be required to be picked up upon returning to campus. If these guidelines are not followed after two warnings they will be removed from the team.

Athletes who are able to adhere to the above requirements will be given the opportunity to be a member of the team.

Since there are only 10 playing positions on the team, some cuts may be required. The coach on a scale from 1 to 5 in the following areas will rate each athlete:

- 1. Attitude
- 2. Physical condition
- 3. Footwork/Agility
- 4. Forehand ground stroke
- 5. Backhand ground stroke
- 6. Overhead smash
- 7. Volley
- 8. Serve

The players with the most points will become member of the team. Challenge match results will also be taken into consideration. However, please note that challenge matches are just one of the nine criteria being used to evaluate the players. Therefore, it is possible that someone you beat in a challenge match makes the team even if you do not.

Attached you will find a practice and match schedule as it is set to date. Matches and practices are subject to change due to weather and the fact that we are required to share the court space with the 7th grade team. There will be dates that both the 8th and 7th grade squads will practice together.

I am looking forward to a great tennis season. If you have any questions or concerns about the guidelines for the team, you can go to www.methactonwarriors.org or I can be reached by e-mail at lhargesheimer@methaction.org. Thank you in advance for your support towards a great season.

Linda Hargesheimer 8th Grade Girls/Boys Tennis Coach